PAC 12 DIVISION MOST IMPROVED

1982	MITCH JENSEN	KATY SCHROEDER	
1983	JOAN PATRICIA	BRIAN CORBETT	GREG WATTIS
1984	TRICIA KEEGAN	MATT THOMPSON	
1985 (I)	TIM REAR	ERIC SMITH	
1985 (II)	GREG MENZEL	CAP PAZDERA	
1986 (I)	JOHN MCGUINNESS	CHRIS ARNOR	
1986 (II)	MARK KEEGAN		
1987 (I)	RUSTY O'BRIEN	KRISTEN MAY	
1987 (II)	DAVE ALOISO	DAN LEWIS	
1988 (I)	JOHN FLACK		
1988 (II)	EDAN ROSENBERG	BILLY MURPHY	
1989 (I)	GEOFF MARINO	MATT LIESECKI	
1989 (II)	BRIAN LUTHY	PAT MCARDLE	
1990 (I)	CHRIS BARTZ	DAN JOHNSON	
1990 (II)	KELLY FIORE	DONNIE DEFILIPOS	
1991 (I)	PATRICK MOONEY	TOMMY SPORANO	
1991 (II)	DANIELLE GIAME	BRAD MILLS	
1992 (I)	ERIC SCHAUER	VINCENT GIAIME	
1992 (II)	NICKY BUTCA	WILLIAM GOLDBERG	
1993 (I)	MATT D'ARCANGELO	MICHAEL SCOPELLITI	
1993 (II)	RORY VERDUCCI	JACQUELINE HALL	
1994 (I)	CHRIS AKERBLOM	AMANDA MALICHER	
1994 (II)	CHARLES PAZDERA	NICKY PERRETTI	
1995 (I)	PHIL KEFFER	KEVIN MCNEILL	
1995 (II)	GLENN GANNON	MATT CAVANAUGH	
1996 (I)	JAKE BRANDMAN	KATIE FREDA	
1996 (II)	COURTNEY IRVING	LAUREN DEMPSEY	
1997 (I)	JOE PASSALACQUA	JASON HOLLOWELL	
1997 (II)	JAKE BRANDMAN	KATY OSWALD	
1998 (I)	JOHN BOYLE	ZACH NIEMELA	
1998 (II)	MIKEY D'ALESSANDRO	JONATHAN CARUSO	
1999 (I)	CHRIS TUTINO	DANIEL DICOCCO	
1999 (II)	TAYLOR SPERDUTO	JENNA BEZZACHELLI	
2000 (I)	P.J. OLSINSKI	COURTNEY BIFANI	
2000 (II)	DANIEL DI COCCO	MELISSA MORALES	
2001 (I)	PRISCILLA BARLETTA	ERIC STEVENS	
2001 (II)	BRENDAN MCMAHON	MAX BARTH	
2002 (I)	MARISSA LOVALLO	JENNA FAY	
2002 (II)	ERIC MENINO	ANNA TETTAMANTI	
2003 (I)	LAUREN SCHILLING	JACK EISENREICH	
2003 (II)	CATHERINE MEUSE	CAROLINE TURNER	

PAC 10 DIVISION MOST IMPROVED

2004 (I)	CURTIS KYZIMA		RONALD JORDAN
2004 (II)	ALEXANDRA SCHLOBOHM		OLIVIA ARENT
2005 (I)	ZACHARY FALK		CAMERON BANKS
2005 (II)	NICK IANNACONE		SEAN MENARQUEZ
2006 (I)	EMILY PORFIRIS		JORDAN SIEGL
2006 (II)	KELLY CARROLL		MATT TOOLAJIAN
2007 (I)	BEN REICH		DOMINIQUE IACOVELLI
2007 (II)	COLLEEN MULVANEY		JACK HARVEY
2008 (I)	JESSICA OLDAKOWSKI		JACK BARLETTA
2008 (II)	OLIVER JONES		CAROLINE SHEPANZYK
2009 (I)	MAEVE PRICE		SEAN DEMPSEY
2009 (II)	BILLY VIGNALI		TAALIQ BRYANT
2010 (I)	JOHN LALLY		STEVIE CATALDO
2010 (II)	ALEXA GRAHAM		NOAH LIMMER
2011 (I)	MOLLY RYAN		DECLAN MEYER
2011 (II)	THOMAS CANDELORO		DAVE PALATINI
2012 (I)	JULIA COHEN		MAGGIE PHILLIPS
2012 (II)	BRIAN SHEA		RILEIGH MEYER
2013 (I)	PAIGE PHILLIPS		GRANT HAAS
2013 (II)	ERIC CHUANG		COURTNEY KELLY
2014 (I)	HUNTER LLOYD		LAUREN CRESPI
2014 (II)	OLIVER VASTINE		TYLER FELT
2015 (I)	SCOTTY SHMITT		MAEVE KEEGAN
2015 (II)	TRIPP JOHNSTON		MATT MURPHY
2016 (I)	BEN VYZAS		MAEVE KEEGAN
2016 (II)	RYAN RUST	RYAN WALSH	ANNA JOSEPH
2017 (I)	TYLER GAYDOS		ANTHONY TRUJILLO
2017 (II)	CHRISTINA LIGUORI		MICHAEL ERLICH
2018 (I)	MIA CONTI		CALVIN PROKAP
2018 (II)	WILLIAM REYNOLDS		ETHAN CHIBWE
2019 (I)	TYLER LEE		SIENA WEIDENBORNER
2019 (II)	OLIVIA MORABITO		WILLIAM REYNOLDS
2021 (I)	BENJAMIN CAO		DESSA TOMBROS
2021 (II)	AARON WENG		JOSEPH CONTI
2022 (1)	EVELYN MICHEL	TOMMY DIQUOLLO	VICTORIA WALSH
2022 (II)	KIAN AKULA		EMILY BARNES